

Women Discipleship & Growth Curriculum

DURATION	CONTENT OF FOCUS	STUDY RESOURCE	READ, PRAY & GROW
6 - Weeks Study	1. CHANGE ME I	Six Essentials Of Spiritual Authenticity	
	<ul style="list-style-type: none"> * A Passion for Jesus * Unparalleled Value of God's kingdom * Cultivate Honesty about Sin & Limitations * Focus on Integrity of HEART * Think of Eternity not Time * Learn Life Habits of Jesus 		
6 - Weeks Study	1A. CHANGE ME II	Six Choices that will Change Your Life	
	<ul style="list-style-type: none"> * God Appointments * Obedience over Control * Compassion over Convenience * Build Forgiveness Muscle * Suffering produces Hope * Vision for the next Generation 		

2. USE ME I

10 - Weeks Study

- * Reflect His Glory
- * Conform to Christ
- * Love His People
- * Establish His Kingdom
- * Accomplish His Plan for Good
- * Carry out His Ways
- * Love God and Others
- * Wait on God with Hope
- * Trust God thru Suffering
- * Serve with Reverent Fear
- * Fulfill God's Purpose

Becoming a Woman of Purpose

Her Name Is Woman 1 Her Name Is Woman 2

2A. USE ME II

9 - Weeks Study

- * Receiving the Seed
- * Removing Rocks & Weeds
- * Cultivating Good Soil
- * Defeating Satan & Surviving Trials thru Christ
- * Letting Go of Life's Worries
- * Avoiding Deceitfulness of Wealth & Life's Pleasure
- * Persevering Through the Storms
- * Bearing an Abundance of Fruit

The Responsive Heart - Parable of the Sower

* Reaping the Harvest of a Responsive Heart

3. TRAIN ME I

**6 - Weeks
Study**

- * Rest in God's Love
- * Turn Fear into Faith
- * Overcome the What-ifs
- * Recover from Shaken Confidence
- * Shed False Confidence
- * Exchange Shyness for Boldness

**Six Secrets of a
Confident Woman**

3A. TRAIN ME II

**11 - Weeks
Study**

- * Goal worth Pursuing
- * God's Character
- * Becoming Like Christ
- * Rooted in Surrender
- * Exemplified by Obedience
- * Molded by Discipline
- * Guarded by Discretion
- * Made Precious by Gentle & Quiet Spirit
- * Perfected by Purity
- * Proclaimed by Wisdom

**Becoming a Woman
Of Excellence**

* Portrayal of a Godly Woman

4. EMPOWER ME I

**11 - Weeks
Study**

- * Running with Freedom
- * Running with New Self
- * Running with Eternal Perspective
- * Running with Fellowship
- * Running with Forgiveness
- * Running with Rest
- * Running with Peace
- * Running with Faith & Trust
- * Running with the Spirit
- * Running with Godliness
- * Running with Perseverance

**Becoming a Woman
Of Freedom**

Holy Habits

4A. EMPOWER ME II

**11 - Weeks
Study**

- * Invitation to Intimacy
- * Praying in Faith
- * God's Help in Prayer
- * Delighting in God
- * God's Answers
- * When God is Silent
- * Lord's Pattern of Prayer
- * Intercessory Prayer

**Becoming a Woman
Of Prayer**

- * Persevering in Prayer
- * Accepting God's Invitation
- * Sweet Hour Of Prayer

5. MULTIPLY ME I

**9 - Weeks
Study**

- * Impacting Lives Like Jesus
- * Learning from the Master
- * The Principle of Time Alone with God
- * The Principle of Walking & Talking
- * Principle of Storytelling
- * Principle of Asking Questions
- * Principle of Compassion
- * Principle of Unconditional Love
- * Principle of Casting Vision

**Becoming a Woman
Of Influence**

**At the Feet of Ordinary
Woman**

5A. MULTIPLY ME II

**6 - Weeks
Study**

- * Understanding Intimacy
- * Bringing Out the Best
- * Holding One Another Accountable
- * Risking Hurt, Building Trust
- * Loving Lavishly
- * Freeing Friends to Love Others

**Six Keys to Lasting
Friendship**